



# Champion Chats

K-2

A discussion guide for parents and kids!

During The NED Show assembly, children learn about a cartoon character named NED, whose name stands for three important character messages:

**Never give up \* Encourage others \* Do your best®**

Discussing NED with your children - having a "Champion Chat" as we like to call it - is a fantastic way to deepen character traits (focus/perseverance, kindness/shared learning & diligence/excellence) in your kids!

### DETAILS

Ask your child to tell you what happened in show.

- Where did NED travel? (e.g. Round the world, Eiffel Tower, our school)
- Who were other characters? (e.g. our principal, the aliens!!!)
- What was the best yo-yo trick?

### MESSAGES

Connect the dots between NED's story and character traits!

- What were some bad choices NED made?
- What would have you done?
- What does NED's name stand for?
- How can NED's message affect your choices?

### YO-YOS

Make the yo-yo excitement count toward important life skills!

- How did NED's message help the performer become a champion at yo-yoing?
- Think of a hobby, sport or school subject that was hard for you to learn. Did you ever want to give up on learning? How did you keep going?

### CHAMPIONS 101

In the assembly, every child is asked to think of two things that they want to be a champion at. The below activity helps you and your child work together to accomplish their champion goals by identifying important and achievable steps.

*In school, I can be a champion at \_\_\_\_\_.*

To be a champion like that, I will do my best to \_\_\_\_\_ by the end of today.  
 \_\_\_\_\_ by the end of this week.  
 \_\_\_\_\_ by the end of this year.

*In life, I can be a champion at \_\_\_\_\_.*

To be a champion like that, I will do my best to \_\_\_\_\_ by the end of today.  
 \_\_\_\_\_ by the end of this week.  
 \_\_\_\_\_ by the end of this year.

Activity: **Write NED's messages & color in the blocks.**

Want to go the extra mile? Have them make a specific goal that connects to each of NED's character messages!

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